



As the weather improves now is the time to enjoy the beautiful Rogue Valley and surrounding areas by riding up its many canyons and passes before the hot summer weather takes over.

11 June is the 6th Annual Eagle Point Cycling Challenge which offers 4 different routes including the 3700 foot climb to the base of Mt. McLoughlin

The EPCC should get your climbing legs ready for the 23 July Up & Down Ride at fifty one miles in distance and 5100 feet of climbing. Further information on both rides is on the club website. Please either volunteer or even better, ride the event. ride

The 18th edition of the Blackberry Bramble in Eugene is scheduled for 7 August this year. http://eugenegears.org/bramble/

On August 16th is the nearby Crater Lake Century with 100 and 62 mile versions available. http://craterlakecentury.com/

Goerge Stevens is selling his tandem. "Selling my older Kuwahara top quality tandem. Why pay thousands for a new one when you can get into tandem riding with little or no risk. It's like new--been upgraded with custom 700c Mavic rim wheels and indexed Shimano bar-end shifting. Beautiful flawless pearlescent yellow powder coat. In perfect conditions, totally restored, ready to ride, with rack, bottle cages, rear fender and clip-and-strap pedals, newer tires, easy-seat for stoker, or install your own clipless pedals and standard stoker seat. Plenty of adjustment front and rear. I'll take \$400--worth much more.

http://www.siskiyouvelo.org/classifieds/

## **NEXT VELO CLUB BOARD MEETING**

Wednesday, June 8, 6:30 pm Frau Kemmling Schoolhaus Brewhaus 525 Bigham Knoll Dr, Jacksonville, OR 97530

#### All members are welcome

For minutes of previous meetings: <a href="http://www.siskiyouvelo.org/board-agenda-and-meeting-minutes/">http://www.siskiyouvelo.org/board-agenda-and-meeting-minutes/</a>

# 6th Annual Eagle Point Cycling Challenge

### 11 June, 2016

Come join the Eagle Point Cycling Challenge with 4 distances ranging from 10 to 100k. All routes include quiet country roads with the 100 K queen stage climbing 3,700 feet to the base of Mt. McLoughlin before winding back down to Eagle Point.

The start and finish of the ride is at Harnish Wayside Park located at the junction of Highway 62 and South Royal Avenue in Eagle Point, Oregon.

Rider support is provided with Aid Stations on the 30,50, and 100k routes and SAG vehicles on all 4 routes.

Lunch catered by Jeffro's Grill will include pulled pork or tri-tip sandwich, baked beans, chips, soda and a cookie. Book sale by Eagle Point Friends of Library and other fun activities will be available in the park.

For further information/route maps/registration go to

http://www.siskiyouvelo.org/eagle-point-cycling-challenge-2016/





Siskiyou Velo Newsletter

June 2016

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## Ride the

## CASCADE SISKIYOU SCENIC BIKEWAY

Southern Oregon's first Scenic Bikeway
July 23, 2016 Ashland, OR

51 miles & 5100' of climbing low traffic 2 water stops 2 food & rest stops Bar-B-Q lunch & beer after-ride epic scenery SAG support





#### **UP & DOWN OFFERS FREE SILIPINTS**

Do you know what a silipint is? Squishable, freezable, unmeltable, unbreakable, BPA-free, guaranteed. And undeniably sweet. Free to the first 100 registrants before June 23.

The July 23 Up & Down is the chance for Velo Club riders to partake in our iconic mountain lakes loop with sag support, great food along the way, shady rest stops and the camaraderie of out of town riders. For the locals who have always thought it was too much of a challenge, now is the time to set a goal and train train train. For that other, extreme 2%, come along in support of the Club, our new Scenic Bikeway, and the Bear Creek Greenway. Ride without trying to set a Strava record, and relax along the way. Remember the bar-b-q afterwards with a free beer and a pick-up packet with coupons to local bike shops and coffee houses.

For those of us who are just not up to 5100 feet of climbing, we can also use additional help that day, from early coffee to rest stops, lunch and clean up. We are especially looking for a photographer to get some great group shots. Come early, come late, and be sure to take part in the bar-b-q lunch at Emigrant Lake. For volunteer opportunities, email <a href="mailto:mlmoore97520@gmail.com">mlmoore97520@gmail.com</a>. For full details and registration, see <a href="mailto:upanddownashland.com">upanddownashland.com</a>.



Member Spotlight of the Month on Viki Brown

Viki, who grew up in Rhinelander Wisconsin, started cycling as a youngster and has never stopped. "I have been cycling my whole life". She biked to school, college and later work.

In 2011, after retiring from full time employment, she bicycled unsupported east to west across the United States in just 63 riding days.

In addition, she has completed 8 Cycle Oregon's (including the 2<sup>nd</sup> one in 1989), and tours of Idaho, Wyoming and Colorado.

"I think the hardest tour I ever did was the Tour of Colorado because I had never ridden at high elevation before and we crossed one or more 10,000 ft. passes each day. Also I came down with a horrible cough the day I arrived in Colorado and it stayed with me the whole tour. I rode every mile though."

Now retired from even part time employment, this summer she is doing a tour of northern Wisconsin. <a href="http://www.pedalacrosswisconsin.com/Northwoods-bike-trip.html">http://www.pedalacrosswisconsin.com/Northwoods-bike-trip.html</a>.

She likes cycling because it is healthy and she feels completely comfortable on a bike. She dislikes flat tires.

Viki is presently riding a Jamis hybrid bike but is eyeing a Giant Road Warrior because it is a bit lighter.

She has never had a major crash and presently rides about 700 miles per month.

She has been a member of Siskiyou Velo for 15 years and on the board of directors since 2011 She has held many positions on the board and is the current treasurer. She is also a member of the Jackson County Bicycle Advisory Committee.

Professionally, she graduated from nursing school at the University of Wisconsin, Milwaukee and then moved to Oregon where she got her master's degree in nursing from OHSU, Portland. She then moved to the Rogue Valley and worked with the Jackson County Health Department in community nursing. Of course, while working in the Rogue valley she commuted by bike.

Viki is very active in the community. She is currently president of the Friends of the Library in Eagle Point and vice president of the Eagle Point Women's Club. In addition she is president of an RV group, (they have a 5<sup>th</sup> wheel)

In her spare time ( she has spare time?) she plays the piano and guitar,





#### SISKIYOU VELO CLUB CHAIRS

ADVOCACY Edgar Hee <a href="mailto:ejhee@juno.com">ejhee@juno.com</a>

EDUCATION & TRAINING Gary Shaff bandgfam@jeffnet.org

COMMUNICATION Donald Coker donaldcoker1@gmail.com

FELLOWSHIP & EVENTS Tom Ryan <u>bicyclerider857@gmail.com</u>

MEMBERSHIP Matt Walker <u>membership@siskiyouvelo.org</u>

RIDE COORDINATION Dennis Cramer <u>touring@siskiyouvelo.org</u>

Visit us on the Internet: <a href="http://www.siskiyouvelo.org">http://www.siskiyouvelo.org</a>
or at <a href="http://www.siskiyouvelo.bicycleclub">www.facebook.com/siskiyouvelo.bicycleclub</a>

Newsletter contributions are accepted until the 20th of the month.

#### **BOARD OF DIRECTORS**

Donald Coker, President
Viki Brown, Treasurer
Harlan Bittner, Secretary
Gary Shaff
Dennis Cramer
Edgar Hee
Tom Ryan
Matt Walker

297

# of crash-free days

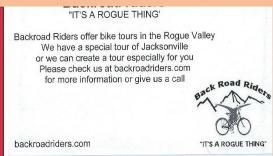
**AS OF 6/1/16** 

May
RIDE LEADERS
Ginny Jensen
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Rick Berlet
Dennis Cramer
Ken Kelley
Ed Broyles
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